

Hours

The Brattleboro Memorial Hospital Rehab Services Department is open for outpatient treatments Monday through Friday.

Evaluations

Your initial evaluation will be scheduled for one hour. Your follow-up treatments will be 45 - 60 minutes.

Appointments

If you must cancel an appointment, we ask that you kindly give us 24 hours notice so that we can adjust our schedule accordingly.

Insurance

Most health insurance plans cover physical therapy treatments, if deemed necessary. Please contact your provider to ensure coverage of your treatment.



Brattleboro Memorial Hospital

Caring for our Community

17 Belmont Avenue, Brattleboro, VT 05301
802-257-0341 • www.bmhvt.org

11/07

You Can Do Something About Incontinence



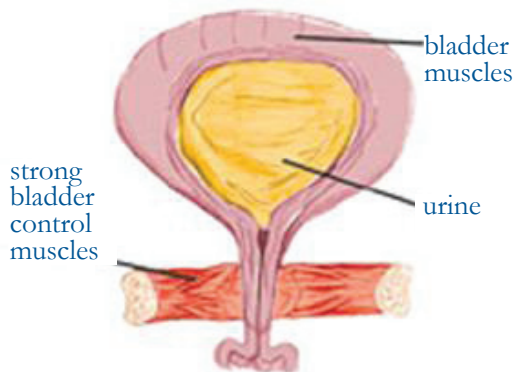
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You are not alone.

Incontinence, involuntary loss of bladder control... “accidents”.

- ↳ These words describe a physical condition that affects an estimated 13 million Americans every day. Both men and women, young and old, can experience some form of urinary incontinence that can make them feel ashamed and isolated.
- ↳ Incontinence is not a hopeless problem. Many forms of incontinence respond well with physical therapy treatment.
- ↳ Physical therapists are ideally suited to treat incontinence related to pelvic muscle weakness. Our women’s health therapists have extensive background in assessing and treating muscle weakness and dysfunction. They also have special training in pelvic floor problems. Our therapists work closely with your physician to address the causes of these problems.



How can we help?

At Brattleboro Memorial Hospital your specially trained physical therapist will work with your physician to evaluate the extent and type of your incontinence. Our program uses a computer and special sensors to help show where your problem is. Using this information, your therapist will customize a treatment program just for you.

Your follow-up treatments may include education, bladder retraining, exercises to strengthen the pelvic floor muscles, and biofeedback.

How to get started:

- ↳ Contact your physician to obtain a referral for physical therapy treatment.
- ↳ Call our office to arrange an appointment and/or to find out more information.

REHAB SERVICES

Brattleboro Memorial Hospital
17 Belmont Ave
Brattleboro, VT 05301

802-257-8255